

# Oxfordshire School Games



## Throw, Clap & Catch

### Equipment

One pair of balled up **SOCKS**

### Change it up!

- ◆ Close your eyes
- ◆ Different actions or a routine - throw, clap, spin, clap, catch
- ◆ Throw/receive with a partner

### The Challenge

How many claps can you do while the **SOCKS** are in the air?

- ◆ Throw the **SOCKS** in to the air and clap your hands as many times as you can before catching the **SOCKS**

Visit <https://www.activeoxfordshire.org/school-games/> for video instructions

**#OxonSchoolGames**

By submitting your results, photos or videos, you consent to us sharing these on our social media channels and on our website to promote the event and recognise participation.

